

# 11th Annual Teton Hand and Upper Extremity Conference

June 11-12th 2015

Orlando, Florida



## 2015 Teton Hand and Upper Extremity Conference Sponsors:



**HandTherapy.com**



learn more at [jtechmedical.com](http://jtechmedical.com)



**Thursday, June 11th**

|           |   |
|-----------|---|
| 6:15-7:00 | <b>Breakfast: (Catered/Registration Area)</b> |
|-----------|---|

| <b>Hand Segment</b> |  |
|---------------------|--|
| <b>Section #1</b>   | <b>Case Discussion: Both Bone Forearm Fracture</b> |
| 7:00-7:15           | Outline Day #1                                     |
| 7:15-7:25           | MD Evaluation, Therapy Order, Clinical Questions   |
| 7:25-7:30           | Clinic Presentation/Plan of Care                   |
| 7:30-8:00           | Intrinsic Anatomy                                  |
| 7:55-8:15           | Clinical Treatment                                 |
| 8:15-8:45           | Intrinsic Anatomy Lab                              |

| <b>Hand Segment</b> |  |
|---------------------|--|
| <b>Section #2</b>   | <b>Case Discussion: PIP Joint Dislocation ?</b>  |
| 8:45-8:55           | MD Evaluation, Therapy Order, Clinical Questions |
| 8:55-9:00           | Clinic Presentation/Plan of Care                 |
| 9:00-9:30           | Intrinsic/Extrinsic Anatomy                      |
| 9:30-9:50           | Clinical Treatment                               |
| 9:50-10:20          | Intrinsic Anatomy & Soft Tissue Mobilization Lab |

|             |              |
|-------------|--------------|
| 10:20-10:35 | <b>Break</b> |
|-------------|--------------|

| <b>Hand Segment</b> |  |
|---------------------|--|
| <b>Section #3</b>   | <b>Case Discussion: Ulnar Collateral Ligament (Thumb)</b>        |
| 10:35-10:45         | MD Evaluation, Therapy Order, Clinical Questions                 |
| 10:45-10:50         | Clinic Presentation/Plan of Care                                 |
| 10:50-11:20         | Thumb Anatomy  |
| 11:20-11:40         | Clinical Treatment   |
| 11:40-12:10         | Thumb Anatomy, Soft Tissue Mobilization/Orthotic Fabrication Lab |

|             |  |
|-------------|--|
| 12:10-12:20 | <b>Clinical Questions &amp; Discussion</b> |
|-------------|--|

|            |   |
|------------|---|
| 12:20-1:00 | <b>Lunch: (Catered/Registration Area)</b> |
|------------|---|

| <b>Wrist Segment</b> |  |
|----------------------|--|
| <b>Section #1</b>    | <b>Case Discussion: Distal Radius Fracture (Plus)</b>  |
| 1:00-1:10            | MD Evaluation, Therapy Order, Clinical Questions       |
| 1:10-1:15            | Clinic Presentation/Plan of Care                       |
| 1:15-1:45            | Wrist Anatomy (Radial Dorsal and Central Dorsal Zones) |
| 1:45-2:05            | Clinical Treatment                                     |
| 2:05-2:35            | Wrist Anatomy Lab                                      |

**Wrist Segment****Section #2**

Case Discussion: Complex Wrist Trauma

|           |  |
|-----------|--|
| 2:35-2:45 | MD Evaluation, Therapy Order, Clinical Questions   |
| 2:45-2:50 | Clinic Presentation/Plan of Care                   |
| 2:50-3:20 | Wrist Anatomy (Radial Volar and Ulnar Volar Zones) |
| 3:20-3:40 | Clinical Treatment                                 |
| 3:40-4:10 | Wrist Soft Tissue Mobilization Lab                 |

4:10-4:25

Break

**Wrist Segment****Section #3**

Case Discussion: Ulnar-sided Wrist Pain

|           |  |
|-----------|--|
| 4:25-4:35 | MD Evaluation, Therapy Order, Clinical Questions |
| 4:35-4:40 | Clinic Presentation/Plan of Care                 |
| 4:40-5:10 | Ulnar-sided Wrist Anatomy                        |
| 5:10-5:30 | Clinical Treatment                               |
| 5:30-6:00 | Ulnar-sided Wrist Lab                            |

6:00-6:30

Clinical Questions &amp; Discussion

Open Evening

Dinner &amp; Entertainment (on own)

DAY #1: 10 CEU's

6:15-7:00

Breakfast: (Catered/Registration Area)

**Elbow Segment****Section #1**

Case Discussion: Lateral Elbow Dislocation

|           |  |
|-----------|--|
| 7:15-7:25 | MD Evaluation, Therapy Order, Clinical Questions |
| 7:25-7:30 | Clinic Presentation/Plan of Care                 |
| 7:30-8:00 | Elbow/Forearm Anatomy                            |
| 7:55-8:15 | Clinical Treatment                               |
| 8:15-8:45 | Elbow Soft Tissue Mobilization Lab               |

**Elbow Segment****Section #2**

Case Discussion: Both Bone Forearm Fracture (GSW)

|            |  |
|------------|--|
| 8:45-8:55  | MD Evaluation, Therapy Order, Clinical Questions |
| 8:55-9:00  | Clinic Presentation/Plan of Care                 |
| 9:00-9:30  | Elbow/Forearm Anatomy                            |
| 9:30-9:50  | Clinical Treatment                               |
| 9:50-10:20 | Elbow Anatomy & Testing Lab                      |

10:20-10:35

Break

|                   |  |
|-------------------|--|
|                   | <b>Elbow Segment</b>   |
| <b>Section #3</b> | <b>Case Discussion: Open Humeral Shaft Fracture/Supracondylar Fracture</b> |
| 10:35-10:45       | MD Evaluation, Therapy Order, Clinical Questions                           |
| 10:45-10:50       | Clinic Presentation/Plan of Care   |
| 10:50-11:20       | Elbow/Forearm Anatomy  |
| 11:20-11:40       | Clinical Treatment   |
| 11:40-12:10       | Elbow Soft Tissue Mobilization Lab   |
|                   |  |
| 12:10-12:20       | <b>Clinical Questions &amp; Discussion</b>                                 |
|                   |  |
| 12:20-1:00        | <b>Lunch: (Catered/Registration Area)</b>                                  |
|                   |  |
|                   | <b>Shoulder Segment</b>  |
| <b>Section #1</b> | <b>Case Discussion: Shoulder Impingement</b>                               |
| 1:00-1:10         | MD Evaluation, Therapy Order, Clinical Questions                           |
| 1:10-1:15         | Clinic Presentation/Plan of Care   |
| 1:15-1:45         | Shoulder Anatomy   |
| 1:45-2:05         | Clinical Treatment   |
| 2:05-2:35         | Shoulder Exercise & and Testing Lab  |
|                   |  |
|                   | <b>Shoulder Segment</b>  |
| <b>Section #2</b> | <b>Case Discussion: Reverse Total Shoulder Arthroplasty</b>                |
| 2:35-2:45         | MD Evaluation, Therapy Order, Clinical Questions                           |
| 2:45-2:50         | Clinic Presentation/Plan of Care   |
| 2:50-3:20         | Reverse Total Shoulder Anatomy   |
| 3:20-3:40         | Clinical Treatment   |
| 3:40-4:10         | Shoulder Lab: Muscle Ratios  |
|                   |  |
| 4:10-4:25         | <b>Break</b>   |
|                   |  |
|                   | <b>Shoulder Segment</b>  |
| <b>Section #3</b> | <b>Case Discussion: Proximal Humeral Fracture &amp; Poly-trauma</b>        |
| 4:25-4:35         | MD Evaluation, Therapy Order, Clinical Questions                           |
| 4:35-4:40         | Clinic Presentation/Plan of Care   |
| 4:40-5:00         | Clinical Treatment   |
| 5:00-5:30         | Shoulder Anatomy   |
| 5:30-6:00         | Management of the Poly-Trauma Patient: Jim McFadden, MD                    |
|                   |  |
| 6:00-6:30         | <b>Clinical Questions &amp; Discussion</b>                                 |
|                   |  |
| Open Evening      | <b>Dinner &amp; Entertainment (on own)</b>                                 |

DAY #2: 10 CEU's

TOTAL: 20 CEU's

**20 Continuing Education Credits:**

Occupational Therapy continuing education credits provided by:

Approved for Continuing Education by the American Occupational Therapy Association, Inc.

Physical Therapy continuing education credits provided by:

Physical Therapy credits provided by the University of Florida Physical Therapy Program

Approved for Continuing Education by the American  
Occupational Therapy Association, Inc.  
(Logo on website)

All text below originally included as part of conference web page that overwritten with 2017 date...

Audience: Occupational/Physical Therapists  
Education Level: Intermediate

Course Objectives: (corrected in Section 10 Learning Outcomes)

1. Promote understanding of upper extremity anatomy, case study evaluation, orthotic training, and special tests of the hand.
2. Advance personal and clinical appreciation for the collaborative peer role in the study of hand therapist in upper extremity rehabilitation.
3. Develop enhanced awareness and understanding of complex upper extremity anatomy and associated pathologies.
4. Develop a network of therapist colleagues.
5. Provide therapists' the opportunity to visually, physically and verbally interact during didactic, lab and group study situations.
6. Promote improved understanding of the importance of health and balance in rehabilitation.

Course Description

Detailed study of Upper Extremity Anatomy with Case Study Discussion Intrinsic Hand/Thumb/Wrist/Elbow  
Drawing Labs (utilizing Anatomy Software International Inc. gloves)  
Small Group Peer Collaboration/Drawing  
Hand & Thumb Orthotic Labs  
Soft Tissue Mobilization of Hand/Thumb/Wrist/Elbow/Shoulder  
Special Tests of the Hand Lab  
Breakfast and Lunch Catered Daily

Important Notices and Information

If, due to a disability, you have any special needs, accommodation requests or requirements, please contact us at 307-413-8704. We will comply with the American Disabilities Act. Unless notified by e-mail, the Teton Hand Conference will publish all demographic information in the course syllabus for networking purposes.

Cancellation Policy:

All cancellation requests must be sent to Mike Cricchio in via e-mail. A \$100 processing fee will be applied to ALL cancellation requests received prior to Wednesday, June 10, 2015. No refunds will be issued after June 10, 2015 for missed events, including sessions missed due to travel delays. Hotel cancellations must be made separately. Except in the case of a natural disaster, if the Teton Hand and Upper Extremity cancels the conference; registration fees will be refunded in full.

Continuing Education Units: 20

The Teton Hand and Upper Extremity Conference Series is an AOTA Approved Provider of continuing education. Provider # 6280. AOTA does not endorse specific course content, products, or clinical procedures. Occupational Therapists will receive 20 contact hours of continuing education upon completion of the conference. Please accurately provide your state license number upon registration.

Continuing education units for Physical Therapists are provided by the University of Florida Physical Therapy Program. Therapists will receive 21 contact hours of continuing education upon completion of the conference. The University of Florida will enter all Florida Physical Therapy credits into CEBroker. Please accurately provide your state license number upon registration.